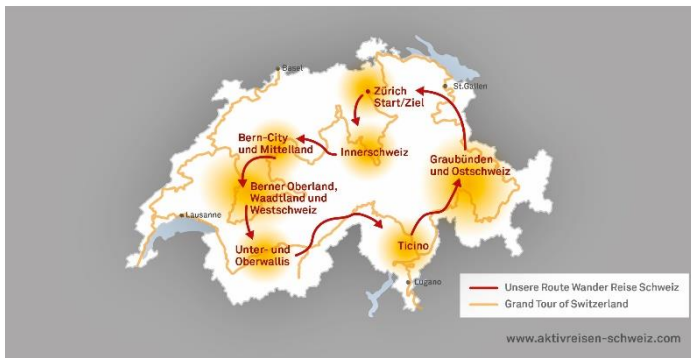


New offer to lovers of activity and luxury holidays:

## Swiss Hiking Tour

Hike, travel, discover and enjoy Switzerland in small groups accompanied by hiking and tour guides, both on foot and in comfort in an open-top PostBus Switzerland coach along the **Grand Tour of Switzerland!**



Over the course of one week you will travel in extreme comfort in the new open-top coach by PostBus Grisons from one hiking destination to the next, whilst discovering the incredibly diverse Swiss hiking regions, led by

qualified hiking guides on guided hiking trips! After the hikes and during our transfers, the professional driver of PostBus Grisons also heads for some of the numerous highlights along the Grand Tour of Switzerland (GToS). This way you can hike, travel and discover Switzerland's diverse and authentic landscape and culture in a new way!



## Tour overview

### Dates & management

18.08. - 24.08.2019 / 7 days / Part 1 from Zurich HB to Sion VS:  
Martha Nussbaumer, Qualified Hiking Guide BAW (Grisons Hiking Trail Association)

24.08. - 30.08.2019 / 7 days / Part 2 from Sion VS to Zurich HB:  
Martha Nussbaumer, Qualified Hiking Guide BAW (Grisons Hiking Trail Association)

### Booking

By **mail** or using the **booking form** [www.aktivreisen-schweiz.com](http://www.aktivreisen-schweiz.com) to: Bea Baier, Managing Director Aktiv Reisen Schweiz AG, [info@aktivreisen-schweiz.com](mailto:info@aktivreisen-schweiz.com)

### Cost

7 days: CHF 2'600 per person when sharing a twin room, flat rate from Zurich main station, bus terminal Sihlquai, or Sion VS

Small groups of 8 up to 12 participants

(subject to price and itinerary changes)

### Insurance

The participants are solely responsible for taking out an adequate insurance policy. We recommend a policy that covers cancellation fees and fees for cutting the trip short.

## Requirements and conditions of participation

### Fitness requirements

Hiking experience necessary . Climbs and descents with differences in altitude (vertical meters - [Hm]) between 300 m and 700 m or 2 to 5 h walking time at a steady walking speed (approx. 300 Hm/h), with a light-weight daypack.

### Technical requirements

The hikes are easy, yet may offer spectacular views down into the valleys. Surefootedness and, to a certain extent, a head for heights. Ankle-high hiking/ climbing boots with a good grip are required. Hiking poles are beneficial.

## Tour guide / means of transportation / chauffeur

The trip is led exclusively by Qualified Hiking Guides BAW / SWL / SBV. An experienced professional chauffeur of PostAuto Schweiz AG drives you safely and reliably from one accommodation to the next and to the starting points of the hikes by open-top PostBus (small coach, Mercedes Sprinter 4WD, 19 seats, with panoramic glass sun roof that can be closed at the push of a button).

## Weather and temperatures

Switzerland not only offers a great diversity of unique, not very well-known hikes, but also very diversified weather! Rain should not prevent us from going on a hiking tour that is adapted to the weather! In return, we are rewarded with contrasting scenic attractions and photogenic, mystical landscapes! It is not the weather, which decides on the success and enjoyment of a tour, but a positive attitude and the right clothing! We recommend that participants carry a rain jacket, waterproof trousers, a rain hat and a folding umbrella in their daypack in uncertain weather.



## Scheduled itinerary

The individual hikes depend on the weather and snow conditions (at higher altitudes) and the skill level of the group. Subject to itinerary changes.

### 1<sup>st</sup> part: from Zurich main station to Visp VS

#### Day 1: Sunday

12.00 noon meetingpoint at Zurich main station, bus terminal Sihlquai. Brief welcome. Ride by open-top PostBus on the Grand Tour of Switzerland along Lake Zurich and over Etzel Pass across the Teufelsbrücke ('devil's bridge') to Einsiedeln with a visit to the abbey; ride to the high valley of the Biber, where we will take our first steps in the beautiful moorlands (approx. 1 ½ hrs). We will continue the ride with intermediate stops on the Grand Tour of Switzerland and take the car ferry from Gersau to Beckenried to our accommodation. Welcome aperitif and nibbles at the hotel.

#### Day 2: Monday

Little-known hike in Central Switzerland with intermediate stops at highlights on the GToS that are particularly worth a visit, both on the journey there and back by open-top PostBus.

#### Day 3: Tuesday

Ride over Glaubenbüelen Pass to Sörenberg; en route a little-known hike with fantastic, far-reaching views towards Central Switzerland; a second short walk (optional) takes us directly to the well-known Kemmeribodenbad restaurant, where we will, of course, have a meal (and get a supply of the famous meringues); back to the GToS through the biosphere reserve of Entlebuch to the lake of Thun.

#### Days 4 and 5: Wednesday/Thursday

Hikes and discovery tours in the Bernese Alps all the way to the Jura Mountains and French-speaking Switzerland, returning to our accommodation near Thun in the afternoon each day.



### **Day 6: Friday**

As we continue our journey to the Canton of Fribourg, we embark on one of the numerous hikes in Fribourg, visit a number of cultural sites and see some of the highlights on the GToS. Today's destination is Fribourg. Farewell aperitif and dinner at the hotel.

### **Day 7: Saturday**

After a short hike, we will drive to the Lower Valais region, visiting a few sights along the GToS and arrive Sion in the Lower Valais, our final destination, where we have to say good bye at the main station. Individual travel by train back to Zurich main station.



## 2<sup>nd</sup> part: from Sion VS to Zurich main station

### Day 1: Saturday

Meetinpoint by 1 pm at Sion main station in the Lower Valais. Brief welcome. After a short hike in the region, we will ride by open-top PostBus on the Grand Tour of Switzerland to our hotel in the Lower Valais. Offered welcome aperitif at the hotel.

### Days 2 and 3: Sunday/Monday

On these two days we will explore one of the quiet and secluded southern valleys in the Canton of Valais, which boast an extremely imposing landscape: Val d'Herens with its 4,000 m peaks at the end of the valley, Val de Bagnes or Val d'Anniviers. Transfer via Nufenen Pass to the Gotthard Hospiz in the Canton of Ticino.

### Day 4: Tuesday

Tour fit for a king, via the Greina Plateau from the Blenio Valley of the Canton of Ticino to the Surselva Valley in the Grisons. Thanks to our chauffeur service, we are saving many kilometers of both uphill climbing and hiking, yet we still have quite a few kilometers ahead of us... Should the weather or snow not permit this tour, we know numerous other hiking routes in the Canton of Ticino that are both worthwhile and not very frequented! In the evening the PostBus takes us to Tschierschen ob Chur to the newly renovated Hotel Alpina, which boasts a spa area.



### Days 5 and 6: Wednesday/Thursday

Even if you have been hiking in the canton of Grisons for some 40 years: we know exciting, not very frequented and beautiful tours in this hiker's paradise! Let us surprise you, you will be amazed! On Thursday evening we serve you a farewell dinner and aperitifs.

### Day 7

After breakfast, we will drive on the GToS through the Bündner Herrschaft region to famous Appenzell, visit a few sights along the GToS and move on to the bus terminal Sihlquai, Zurich main station, where we hope to arrive by 2 pm and will part ways with unforgettable, wonderful memories of our hikes and travels together.

## Accommodation



We will stay in very comfortable hotels in a total of six different destinations. When selecting the hotels, it was not the number of stars but the special features of each establishment that were decisive. Unique and extraordinary – just as our entire trip will be unique and extraordinary, our accommodation will be, too. It may be that a hotel does not offer huge rooms, but instead an incomparably beautiful location or unparalleled facilities. Important factors when selecting the accommodation were in particular the ambiance and the affability and helpfulness of the hosts.

It is possible to book a single room for a supplement.



## Catering

Breakfast and dinner are included in the package price. We either eat in the hotel or enjoy regional specialties in a particular restaurant. Due to different individual preferences, the participants will organize their own snacks. The tour guide will notify you in due course where you can shop.

## Framework programme

You will not only find the hikes unforgettable, but we also want you to fondly remember the framework programme by showing you an authentic and culturally extremely diverse Switzerland. Should rain force us to cut our hikes short, we will fill those days with cultural events, such as a visit to a regional museum, a tropical greenhouse or a special cultural site. You will be amazed at how diverse our beautiful Switzerland is!

We will spend 1-3 days in the same hotel, providing you with the individual opportunity to take a personal day (spa facilities, relaxing, sightseeing, shopping) A great pleasure for all needs!

## Group size

Minimum of 8, maximum of 12 people

## Cost

CHF 2'600.— when sharing a twin room, flat rate from/to Zurich main station or Sion VS (7 days); supplement for single room CHF 350.— for 6 overnight stays

(Subject to price and itinerary changes)



## Services

The package price includes the following services:

- Guided tour by Qualified Hiking Guides BAW/SAL
- All return transfers from Zurich main station bus terminal or Visp VS in an open-top PostBus with PostBus driver
- Luggage transfer during the entire trip (hard-shell suitcases are allowed, maximum dimensions H65/W45/D25)
- Aerial tramway rides
- 6 overnight stays, on a twin room basis
- 6 evening meals in the hotel or in a regional restaurant
- Welcome and farewell aperitifs

The package price does not include the following:

- Lunch and snacks (picnic in a backpack)
- Beverages in hotels and restaurants
- Any entrance fees and activities beyond the itinerary
- Single room supplement (flat rate: CHF 350.00 for the 6 overnight stays)
- Personal travel insurance policies

## Equipment

The required equipment is suitable for hikes in the Alpine region. We will send you a detailed list of equipment approximately 3 weeks prior to the start of the trip.

## Travel documents

You will receive all the necessary information, including a detailed list of equipment, a participant list, information on the meeting point and the list of hotels and their addresses, in due time prior to the start of the trip.

## Booking confirmation, deposit, payment

Upon receipt of the booking, you will receive a booking confirmation and a paying-in slip for the deposit to the amount of CHF 1'000; payment of the remaining package price is due 30 days prior to the start of the trip.

## Information

If you require further information, you can reach Bea Baier at any time by mail ([info@aktivreisen-schweiz.com](mailto:info@aktivreisen-schweiz.com)), by calling her mobile phone at +41 79 256 68 32 or occasionally on the landline at +41 81 353 72 75. Web: [www.aktivreisen-schweiz.com](http://www.aktivreisen-schweiz.com)